

Generic risk assessment form for lifting babies or equipment

Risk area: Bluebell Nursery		Carried out by: Meganne Smith and Kym Carey		Date: Michaelmas 23
Risk identified	Who is at risk	Level of risk	Control measure and person/s responsible	Review: Michaelmas 24
Carrying Babies	Staff	Medium	Guidelines: <ul style="list-style-type: none"> • Bend from the knees rather than the back. • Do not hold babies by standing and resting them on your hips. 	Termly
Carrying equipment such as pushchairs, furniture or evacuation cots	Staff	High	Guidelines: <ul style="list-style-type: none"> • Do not lift heavy objects alone. Seek help from a colleague. • Bend from the knees rather than the back. • Do not lift very heavy objects. even with others. 	Termly

			<p>that are beyond your strength.</p> <ul style="list-style-type: none">• Use trolleys for heavy items that must be carried or moved on a regular basis.• Items should not be lifted onto, or from, storage areas above head height.• Do not stand on objects, other than proper height steps, to reach high objects and never try to over-reach.• Push rather than pull heavy objects.• Do not carry heavy objects up or down stairs; or carry large objects that may block your view of the stairs.	
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