

Covid Update Emailed 24/02/2022

Dear members of the Langley community,

Further to notification of the legal requirement to isolate being removed from today, there has been a further update regarding testing if you have symptoms of covid, and guidance on the safe return to normal routine following a positive result.

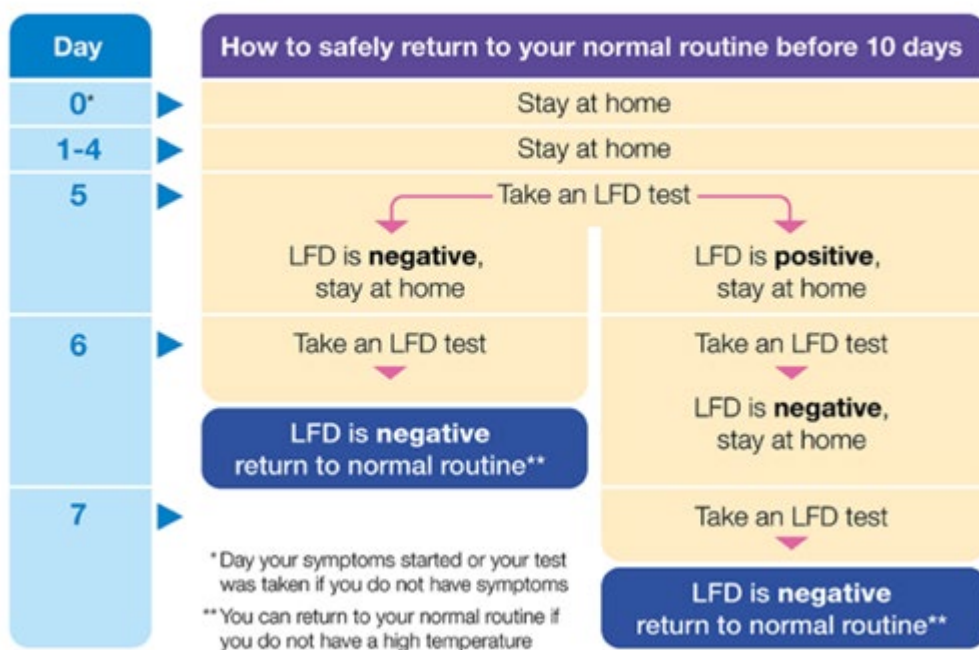
If you have symptoms of covid you should now book a PCR test and stay at home, away from others until the result is confirmed, link follows [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-PCR-test-to-check-if-you-have-coronavirus-covid-19)

If your test returns negative, you may carry on with your normal routine.

If your test returns positive you should order a pack of lateral flow tests (if you have any remaining from school you may use these up first) and begin lateral flow testing from day 5 (please see the table below), you may return to normal routine upon 2 negative tests 24 hours apart and providing a high temperature is not present.

Please find the link to order further lateral flow tests at [Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/order-coronavirus-covid-19-rapid-lateral-flow-tests)

How to safely return to your normal routine before 10 days



Whilst the late timing of this update is frustrating, it is welcomed by the school, ensuring the likelihood of any spread is reduced.

The government are due to review this advice prior to 1st April, we will of course, keep you informed of any further changes.

All other information from yesterdays update, remain unchanged.

Kind regards

Rachel Smith

Director of Compliance and Operations