



Day	Main meal	Vegetarian	Pasta/ Hot sandwich	Dessert
Monday	Pasta Bolognese Focacia Peas, Sweetcorn	Vegetarian Pasta Bolognese Focacia Peas, Sweetcorn	Piri-Piri Chicken Bap Buttered New Potatoes Peas, Sweetcorn	Rice Pudding & Jam Fresh Fruit Natural Yoghurt
Tuesday	Honey Roast Norfolk Gammon Broccoli, Carrots Roast Potatoes, Gravy	Vegetable Roast Broccoli, Carrots Roast Potatoes, Gravy	Chilli Nacho's Rice Salads, Cheese, Guacamole	Strawberries & Cream Fresh Fruit Natural Yoghurt
Wednesday	Chicken Dopiaza Curry Rice, Green Beans Roasted Squash, Popadoms	Vegetable Dopiaza Curry Rice, Green Beans Roasted Squash, Popadoms	BBQ pulled pork Sub New Potatoes Green Beans, Roasted Squash	Lemon Drizzle Cake Fresh Fruit Natural Yoghurt
Thursday	Sausage & Mash Broccoli, Roasted Root Vegetables Gravy	Vegetarian Sausage & Mash Broccoli, Roasted Root Vegetables Gravy	Tomato & Mozzarella Bake Broccoli, Roasted Root Vegetables Salads, Chilli Sauce	Arctic Roll Fresh Fruit Natural Yoghurt
Friday	Fish Fingers Chips, Baked Beans, Peas Homemade Tartar Sauce	Margherita Pizza Chips, Baked Beans, Peas Garlic & Herb Dip	Fish Fingers or Pepperoni Pizza Chips, Baked Beans, Peas Tartar Sauce or Garlic Dip	Fresh Fruit Salad Fresh Fruit Natural Yoghurt



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Monday	Italian Sausage Ragù Penne Pasta Peas, Broccoli	Italian Vegetable Sausage Ragù Penne Pasta Peas, Broccoli	Sweet Paprika Chicken Bap Peas, Broccoli Salads, Chilli Sauce	Peaches & Cream Fresh Fruit Natural Yoghurt
Tuesday	Slow Cooked Beef Brisket Roast Potatoes, Horseradish Sauce Red Cabbage, Carrots, Gravy	Vegetable Turnovers Roast Potatoes Red Cabbage, Carrots, Gravy	Chilli Nacho's Rice Salads, Cheese, Guacamole	Rocky Road Slice Fresh Fruit Natural Yoghurt
Wednesday	Thai Red Chicken Curry Rice, Green Beans Roasted Squash	Thai Red Vegetable Curry Rice, Green Beans Roasted Squash	BBQ pulled pork Sub Roasted New Potatoes Broccoli, Roasted Beetroot	Summer Fruit Meringues Fresh Fruit Natural Yoghurt
Thursday	Roast Chicken Pie Creamed Mash Potatoes Cabbage, Roasted Beetroot	Roast Vegetable Pie Creamed Mash Potatoes Cabbage, Roasted Beetroot	Tomato & Mozzarella Bake Cabbage Roasted Beetroot	Apple Crumble & Custard Fresh Fruit Natural Yoghurt
Friday	Fish or Sausage & Chips Mushy Peas, Baked Beans Tartar Sauce	Fishless Fillet or Sausage & Chips Mushy Peas, Baked Beans Tartar Sauce	Fish or Sausage & Chips Mushy Peas, Baked Beans Tartar Sauce	Fresh Fruit Salad Fresh Fruit Natural Yoghurt



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Monday	Macaroni Cheese Garlic Bread Broccoli, Sweetcorn	Macaroni Cheese Garlic Bread Broccoli, Sweetcorn	Jerk Chicken Bap Potato Wedges Broccoli, Sweetcorn	Melon & Pineapple Fresh Fruit Natural Yoghurt
Tuesday	Roast Turkey & Stuffing Roast Potatoes, Cranberry Sauce Savoy Cabbage, Carrots, Gravy	Stuffed Field Mushrooms Roast Potatoes Savoy Cabbage, Carrots, Gravy	Chilli Nacho's Rice Salads, Cheese, Guacamole	Iced Sponge Fresh Fruit Natural Yoghurt
Wednesday	Jamaican Chicken Curry Rice, Peas, Roasted Cauliflower Pickles & Popadums	Jamaican Quorn Curry Rice, Peas, Roasted Cauliflower Pickles & Popadums	BBQ pulled pork Sub Baby Potatoes Peas, Roasted Cauliflower	Cheese & Biscuits Fresh Fruit Natural Yoghurt
Thursday	Butchers Hot Dogs & Onions Wedges, Baked Beans Peas	Vegetable Hot Dogs & Onions Wedges, Baked Beans Peas, Fried Onions	Tomato & Mozzarella Bake Wedges, Baked Beans Peas, Fried Onions	Fresh Fruit Salad Fresh Fruit Natural Yoghurt
Friday	Tomato & Herb Crusted Salmon Roasted Vegetables, Peas Couscous, Minted Yoghurt	Tomato & Mozzarella Pasta Bake Roasted Vegetables, Peas Sweet Chilli Sauce	Salmon or Pasta Roasted Vegetables, Peas Sweet Chilli Sauce	Chocolate Sponge Chocolate Sauce Fresh Fruit, Natural Yoghurt