



**Langley**  
FOOTBALL ACADEMY



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## INTRODUCTION



“I love being a part of Langley Football Academy as Director of Football. The coaching team and I have over 40 years of experience as former professional players, playing in the English Premier League, as well as qualified UEFA A Licence coaches, and most importantly we are extremely passionate about what we do.

My aim is simple – create first class football progression, alongside an outstanding academic curriculum and a broad range of co-curricular activities. We know what it takes to make it as a professional player, we have high standards and we expect players to perform in the classroom and on the pitch.

Through my experiences of playing and coaching in the professional game, we have a network of contacts both nationally and internationally. I will make sure all our players are given access to the right opportunities either on the pitch or in the boardroom.”

**Grant Holt**  
*Director of Football, Langley School*



## ABOUT LANGLEY FOOTBALL ACADEMY (LFA)

Langley Football Academy offers the very best of both worlds – footballing excellence, coupled with outstanding academic opportunity, delivering for our students both on and off the pitch.

Open to boys and girls aged 10-18 years, being part of the LFA means training with former professionals, receiving expert football and strength and conditioning coaching, nutritional advice and post-game analysis, all while following a rigorous academic programme.

### THE FOOTBALL

Our footballing programme combines group and individual sessions with UEFA A and B Licensed coaches with psychology sessions with a personal mentor, nutritional advice and a bespoke strength and conditioning programme run by industry leading professionals here at Langley School.

As part of the LFA you will receive:

- First class coaching from UEFA A and B Licensed coaches
- Periodised training programmes – incorporating technical and tactical physical, psychological and social and the FA four corner player development model
- Personalised strength and conditioning training and nutritional advice from sports experts
- Regular feedback on performance in training and games

- Mindset sessions to increase self-confidence and belief, teaching players to perform, anticipate and work hard toward a goal
- Use of our Teqball table onsite
- Opportunities to play in the Independent Schools Football Association (ISFA), English Schools Football Association (ESFA) and County Cup competitions, alongside friendly fixtures. Players will be placed at local clubs outside school time.

### THE ACADEMICS

In the classroom, pupils follow a tailored, rigorous academic programme, which enables them to progress on to Higher Education and careers in sport. In addition to GCSEs, A Levels and Level 3 BTECs, students have the opportunity to complete work experience both in the UK and abroad.

### THE TEAM

Directed by ex-professional and Norwich City legend Grant Holt, the coaching team is made up of UEFA A Licenced Coaches, former professional players and specialist support staff, including former Norwich City Academy coach Ali Colman. Between them, they have more than 40 years of professional playing and coaching experience, notably in the English Premier League, and importantly they are all extremely passionate about what they do.

Read their full profiles on page 10.

### SECTOR-LEADING FACILITIES

As a member of the LFA, students will have access to our sector-leading facilities including:

- Four football pitches including dedicated LFA pitches
- Training areas
- Six rugby pitches
- Three netball courts
- Floodlit AstroTurf pitch
- Three cricket squares and artificial nets
- Sports hall and fully equipped gym.





# JOINING THE LFA

We are here to nurture talent at ages 10 to 18 with a number of entry points into Langley Football Academy:

**Year 6-8 (ages 10-13)**

Pupils will enter on a hybrid model of four LFA sessions a fortnight alongside their academic studies.

**Year 9 (age 13)**

Pupils follow an academic programme of Maths, English, English Literature and the Sciences, plus five optional subjects of which the LFA is one. LFA pupils will have their football specific LFA training across eight sessions a fortnight during the school day.

**Year 10-11 (ages 14-16)**

Pupils study for eight GCSEs made up of Maths, English, Physical Education and four free choices from a wide range of subjects including Sciences, Languages, Humanities, the Arts and Technology, of which the LFA is one. LFA pupils will have their football specific LFA training across eight sessions a fortnight in Year 10, and ten sessions in Year 11.

**Sixth Form (age 16)**

LFA students will have their football specific LFA training across twelve sessions a fortnight alongside studying for either A Levels or BTEC qualifications.

Options include studying for the BTEC Level 3 National Diploma in Sports Performance and Excellence or a wide range of A Level subjects, including Business Studies and

Psychology. Work experience opportunities are available throughout the two-year programme. The LFA is also a subject option alongside 2 or 3 A Levels.

**International Students**

We warmly welcome international students to Langley and we have a dedicated English as an Additional Language department, consisting of highly qualified teachers including one teacher from mainland China, all offered in a friendly and inclusive environment. For the older students we offer individualised IELTS courses in preparation for university entrance.

All Langley Football Academy students have the opportunity to be selected to play in the Independent Schools Football Association (ISFA), English Schools Football Association (ESFA) and County Cup competitions, alongside friendly fixtures. Players will be placed at local clubs outside school time, offering plenty of opportunities to make new friends and contacts as they play.



## YOUR SPORTS CAREER STARTS HERE

As part of our partnership with Norwich City FC, players may be scouted by a Category One Football Academy.

As well as being the Official Education Partner for Norwich City FC, Langley partners with the University College of Football Business (UCFB), the world's first Higher Education provider dedicated to awarding degrees in the operational and business sides of the football, sports and leisure industries. Based at Wembley in London and the Etihad Stadium in Manchester, UCFB play an active role in the mentoring of our elite sports students. The school sponsors the best all-round Langley entrant on to the UCFB course each year.

We have links with a range of sports colleges in the United States including scholarship opportunities. Our partnership with First Point creates pathways for Langley students to study in America, and with First Point's knowledge and experience of the system, they are the perfect partnership to help our students through the process from trials to application. First Point offers access to scholarship opportunities at elite colleges and universities in America. College football in the US is highly competitive, it's a great platform to start your career on, or off the pitch.

## CASE STUDY: MATT WARD

Former Langley student and current Ipswich Town professional footballer, Matt Ward, left Langley in 2021 gaining a full set of A Levels. Matt came over from Shanghai with the dream of becoming a professional footballer, and Langley was the platform for Matt to achieve this. Matt recently made his first team debut against Crystal Palace.



## CASE STUDY: GEORGE TONG

Talented centre-half George Tong joined Langley School in Year 10. George came to Langley from Hong Kong, with aspirations to develop his football alongside his academic education. In George's first year in the Langley Football Academy, he won the National Cup with the School, was scouted, and played in the Norwich City FC U15 Academy squad and represented Hong Kong in the U18 squad at the Asia International Youth Tournament in Japan. As well as success on the pitch, George is studying at an advanced academic level including mainstream English.





MEET THE TEAM

GRANT HOLT  
Director of Football

Grant played for 13 clubs in his professional career, including multiple seasons in the Premier League. During that time, Grant scored a total of 157 goals, with his four years at Carrow Road between 2009 – 2013 being the most successful of his 19-year career. Scoring 78 times in 168 appearances for Norwich City FC, helping the club gain back to back promotion and earning Grant Player of the Season, in three consecutive seasons. Grant has also completed his UEFA A Coaching Licence as he makes the transition from player to coach. Alongside his role here at Langley, Grant also works as a first team scout for West Ham United.

ALI COLMAN  
Head Football Coach

Ali joins Langley Football Academy following his 6-year career at Norwich City FC Academy as part of the management team. In his time at the Academy, Ali was also lead coach for the foundation phase (U9, U10, U11 and U12 squads) and the point of contact for 70 players and parents.

Ali holds a UEFA A Licence which enables him to work in the professional game. Knowing first-hand the importance of professional development in a progressive industry, Ali is consistently looking for opportunities to enhance his skills and experience such as study visits to Manchester United FC and Bayern Munich FC.

In addition to Ali’s football coaching experience, Ali is qualified to coach other sports such as tag rugby, hockey, netball, handball and futsal.



JORDAN KING  
Lead Coach, Langley Football Academy

Jordan was at Norwich City Community Sports Foundation (CSF) as a football development officer for 12 years prior to joining Langley Football Academy in 2022. Jordan is a UEFA B Licenced coach with vast experience in the local football community working with both grassroots and the elite programme within CSF.

Currently playing for Wroxham FC, one of his key roles will be linking the LFA players with local clubs in the community.

Langley Football Academy Specialist Support Team

Alongside the coaching team, we have a strength and conditioning coach to support the development of the players on and off the pitch.

ROB NEWMAN  
Mentor and UEFA A Coach, Langley Football Academy

As a former top-level player and club manager, Rob brings his experience and European perspective to his role at Langley Football Academy. Rob transferred to Norwich City FC from Bristol City in 1991 and was a member of the Norwich City FC team who finished a club record third in the FA Premier League in 1992-1993 and went on to captain the team against Bayern Munich in UEFA Cup. As well as his role at Langley, Rob is Head of Recruitment at West Ham United.

JOHNNY WHEELER  
Head of Athletic Development

Johnny is currently completing a PhD in sports coaching, with his career coaching highlights including an U15 female high jump athlete, currently ranked in the top 10 nationally, as well as a pupil who now plays for Hull FC in the Super League.

We also invite visiting speakers from a mix of industries such as sport psychology, nutrition, media and PR to talk to the students on a regular basis about what it takes to become a professional athlete.





Langley is a co-educational, inclusive, day and boarding school from 6 months to 18 years old. We are fortunate to be set on two enviable 100+ acre countryside sites: the Pre-Prep and Prep school are based in Taverham; the Senior and Sixth Form are just outside Loddon. These green, stunning campus locations are a wonderful canvas that allow pupils space to breathe and grow, as well as enjoying the benefits of being on the doorstep of the vibrant and dynamic city of Norwich.

Challenge and opportunity encapsulate the Langley education. Our values of kindness, confidence (with humility), curiosity and integrity are the base from which everything flows. We are preparing our young people for an ever-changing world, so the skills of creativity, resilience and adaptability are so important. We are a warm and nurturing community that is aspirational for all. We focus on academic excellence (from STEM to Creative Arts), community and the environment.

We are one of only nine HMC schools in Norfolk and Suffolk and offer day, flexi, weekly and full boarding.



## SPORT AT LANGLEY

Sport is an integral part of life at Langley School. Comprising of more than 110 acres of Norfolk countryside and grounds, we have some of the best sports facilities for teaching theory and practical lessons in the UK.

Langley is proud to provide our students with the very best in sporting opportunities available in the UK by partnering with six national, regional and county sports clubs and organisations.







## ADMISSIONS



### FEES

Langley Football Academy course fees range from £1,375 and £2,750 per term in addition to the academic school fees, dependent on Year group and LFA model. Academic fees can be found on our website: [www.langleyschool.co.uk/admissions](http://www.langleyschool.co.uk/admissions)

Scholarships and financial assistance are available to talented individuals.

### COME AND JOIN US

You are welcome to visit the Langley Football Academy and see our outstanding facilities for yourselves. We have Open Days throughout the year, or you can book a private tour of the school and LFA.

You can get in touch via:  
Email: [admissions@angleschool.co.uk](mailto:admissions@angleschool.co.uk)  
Telephone: **+44 (0)1508 520210**




In the meantime, check out our Instagram [@langleyfootballacademy](https://www.instagram.com/langleyfootballacademy) or our website: [www.langleyschool.co.uk](http://www.langleyschool.co.uk)  
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## CONTACT US

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